Winfield Recreation Commission
624 College
Winfield, KS 67156
8:00am to 5:00pm • Monday thru Thursday
8:00am to 1:00pm • Friday
(620) 221-2160
www.winfieldrec.com

• Board •
Scott Gill, Chair
Joe Wood, Vice Chair
Robyn Tapia, Secretary
Marcia McIntire
Jason VenJohn

• Staff •
Troy Moree, Superintendent
troymoree@winfieldrec.com
Candi Fox, Assistant Superintendent
candifox@winfieldrec.com
Wes Joy, Sports and Special Services Director
wesleyjoy@winfieldrec.com
Elizabeth Meyer, Administrative Assistant
eleanor@winfieldrec.com
Tyler Osborn, Wellness Director
fitness@winfieldrec.com
Kyle Larsen, Recreation Coordinator
kylelarsen@winfieldrec.com
Jonathan Lauppe, Custodian/Maintenance Tech
GENERAL INFORMATION

GENERAL POLICIES
1. All classes are filled on a first come, first served basis.
2. Registration is required prior to the start of class. No registrations will be accepted by the instructor.
3. All classes have a minimum and maximum enrollment. PLEASE NOTE: If minimum enrollment is not met two working days prior to the first class, the class will be cancelled or combined with another class.
4. $30 will be charged for returned checks.
5. You will not be contacted unless your class is cancelled or changed.
6. Waiting lists will be established when classes are full.
7. Fees will not be prorated!

REFUND POLICY
1. No refunds after the 2nd class meets.
2. Refunds may take 2-4 weeks to process.
3. In classes where a T-shirt or supplies have been ordered, the cost of these items will not be refunded.

AMERICAN DISABILITIES ACT
It is the intent of the WRC to comply with the requirements of the Americans with Disabilities Act to eliminate and prevent any discrimination in providing access to WRC meetings, facilities, programs, and activities. Reasonable accommodations will be made provided advance notice is given of a specific need. Please contact the WRC office at (620) 221-2160.

YOUTH SCHOLARSHIPS AVAILABLE
There is no cost to those families on the KanCare Medicaid program through United Healthcare (Sunflower and Amerigroup do not qualify). Simply bring in your Member ID card and complete a sign-up form. All other families on the free lunch program will receive a 75% discount. In addition, those families on the reduced lunch program will receive a 50% discount. Enrollment must be done at the WRC office, 624 College. PROOF OF QUALIFICATION IS REQUIRED AT TIME OF ENROLLMENT.

Registration begins
Saturday, May 22nd from 8-10:00am at the Rec Center

On-Line registration begins
Monday, May 24th at 8:00am, www.winfieldrec.com

Phone-In registration begins
Tuesday, May 25th at 8:00am, (620) 221-2160.

Make checks payable to the Winfield Recreation Commission!
WRC accepts VISA, MASTERCARD and AMERICAN EXPRESS!
Conveniently charge your fees on your debit or credit card.
### AMERICAN RED CROSS LEARN TO SWIM LESSONS

<table>
<thead>
<tr>
<th>CLASS</th>
<th>INSTRUCTOR</th>
<th>DAYS</th>
<th>DATES</th>
<th>TIME</th>
<th>AGES</th>
<th>LOCATION</th>
<th>FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>American Red Cross Learn to Swim: Levels 1-5</td>
<td>WRC Staff</td>
<td>Monday – Friday (No class July 16)</td>
<td>1st Session: June 7 – 18</td>
<td>9:45-10:15am, 10:20-10:50am, 11:00-11:30am, 12:05pm, OR 12:10-12:40pm</td>
<td>6 &amp; older by 1st class</td>
<td>Aquatic Center</td>
<td>$20</td>
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<td>2nd Session: June 21 – July 2</td>
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<td>4th Session: July 19 – 30</td>
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<tr>
<td>American Red Cross Learn to Swim: Level 6</td>
<td>WRC Staff</td>
<td>Monday – Friday (No class July 16)</td>
<td>1st Session: June 7 – 18</td>
<td>9:45-10:15am</td>
<td>6 &amp; older by 1st class</td>
<td>Aquatic Center</td>
<td>$20</td>
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<td>4th Session: July 19 – 30</td>
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<tr>
<td>Aqua Babies &amp; Parents</td>
<td>WRC Staff</td>
<td>Monday &amp; Wednesday</td>
<td>July 5 – 28</td>
<td>6:15-6:45pm or 6:50-7:20pm</td>
<td>6 – 18 months (as of 7/5/21)</td>
<td>Aquatic Center</td>
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<tr>
<td>Aqua Tots &amp; Parents</td>
<td>WRC Staff</td>
<td>Monday &amp; Wednesday</td>
<td>July 5 – 28</td>
<td>6:15-6:45pm, 6:50-7:20pm Or 7:25-7:55pm</td>
<td>1.5 – 3 year olds (as of 7/5/21)</td>
<td>Aquatic Center</td>
<td>$15</td>
</tr>
<tr>
<td>Wee Wet Wiggler &amp; Parents</td>
<td>WRC Staff</td>
<td>Monday &amp; Wednesday</td>
<td>June 7 – 30</td>
<td>6:15-6:45pm, 6:50-7:20pm Or 7:25-7:55pm</td>
<td>3 – 5 year olds by 1st class</td>
<td>Aquatic Center</td>
<td>$18</td>
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<tr>
<td>Wee Wet Wiggles</td>
<td>WRC Staff</td>
<td>Monday – Friday (No class June 16)</td>
<td>1st Session: June 7 – 18</td>
<td>9:45-10:15am, 10:20-10:50am, 11:00-11:30am, 11:35am-12:05pm, OR 12:10-12:40pm</td>
<td>3 – 5 year olds by 1st class (Must be independent &amp; potty trained)</td>
<td>Aquatic Center</td>
<td>$20</td>
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<td>2nd Session: June 21 – July 2</td>
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<td>3rd Session: July 5 – 15</td>
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<td>4th Session: July 19 – 30</td>
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### YOUTH SCHOLARSHIPS AVAILABLE

There is no cost to those families on the KanCare Medicaid program through United Healthcare (Sunflower and Amerigroup do not qualify). Simply bring in your Member ID card and complete a sign-up form. All other families on the free lunch program will receive a 75% discount. In addition, those families on the reduced lunch program will receive a 50% discount. Enrollment must be done in person at the WRC office, 624 College. **Proof of qualification is required at time of enrollment.**
HOW TO CHOOSE THE CORRECT LEARN TO SWIM CLASS –

To correctly place your child in a swim class, review the skills listed below. The skills listed are the skills the class will work to accomplish by the end of the lessons. If your child has completed all of the skills listed, advance to the next level. If not, enroll your child in that class. If this is your child’s first year of lessons, enroll him/her in Level 1.

**LEVEL 1: INTRODUCTION TO WATER SKILLS**
- Enter and exit water using ladder, steps or side
- Blow bubbles through mouth and nose
- Bobbing
- Opening eyes underwater and retrieve submerged objects
- Front and back glides and floats
- Recover to vertical position
- Roll from front to back and back to front
- Tread water using arm and hand actions
- Alternating and simultaneous arm and leg actions on front and back
- Combined arm and leg actions on front and back

**LEVEL 2: FUNDAMENTAL AQUATIC SKILLS**
- Enter and exit water by stepping or jumping from side
- Fully submerge and hold breath
- Bobbing
- Open eyes under water and retrieve submerged objects
- Front, jellyfish and tuck floats
- Front and back glides and floats
- Recover to vertical position
- Roll from front to back and back to front
- Change direction of travel while swimming on front and back
- Tread water using arm and leg actions
- Combined arm and leg actions on front and back
- Finning arm action

**LEVEL 3: STROKE DEVELOPMENT**
- Enter water by jumping from the side
- Headfirst entries from the side in sitting and kneeling positions
- Bobbing while moving toward safety
- Rotary breathing
- Survival float and Back float
- Change from vertical to horizontal position on front and back
- Tread water
- Flutter, scissor, dolphin and breaststroke kicks on front
- Front crawl and elementary backstroke

**LEVEL 4: STROKE IMPROVEMENT**
- Headfirst entries from the side in compact and stride positions
- Swim under water
- Feet first surface dive
- Survival swimming
- Front crawl and backstroke open turns
- Tread water using 2 different kicks
- Front and back crawl, elementary backstroke, breaststroke, sidestroke, and butterfly
- Flutter and dolphin kicks on back

**LEVEL 5: STROKE REFINEMENT**
- Shallow-angle dive from the side then glide and begin a front stroke
- Tuck and pike surface dives, submerge completely
- Front flip turn and backstroke flip turn while swimming
- Front and back crawl, elementary backstroke, breaststroke, sidestroke and butterfly
- Sculling

**LEVEL 6: SWIMMING & SKILL PROFICIENCY**
- Increase endurance while swimming front crawl, back crawl, butterfly, elementary backstroke, breaststroke and sidestroke
- Demonstrate the following turns while swimming: front crawl open turn, backstroke open turn, sidestroke turn, front flip turn, backstroke flip turn, breaststroke turn and butterfly turn
- Use of pace clock, pull buoy, fins and paddles while swimming
- Learn principles of setting up a fitness program

AQUA BABIES and Parents (6 – 18 months)
This course is designed to familiarize children with the water. Course goal is not to teach the child to swim but to get them used to the water. The parent does not have to know how to swim, but should be comfortable in the water.

AQUA TOTS and Parents (1.5 – 3 years old)
Parents accompany and help teach tots in water. We will cover breath control, blowing bubbles, jump from side of pool, front and back floats and tot and parent safety skills.

WEE WET WIGGLERS (Ages 3 - 5)
Water exploration, learn elementary skills to build as they progress through the Learn-to-Swim Program: such as floating and kicking on front and back, alternating arm action, and safety skills. Participants must be independent, able to go with an instructor without a parent, and potty trained.

WEE WET WIGGLERS/Parents (Ages 3 - 5)
Water exploration, learn elementary skills to build as they progress through the Learn-to-Swim Program: such as floating and kicking on front and back, alternating arm action, and safety skills. This is an instructor led class were children will work on skills with the assistance of their parent.

**WRC REC ALERTS**
Want to be in the know about happenings at the WRC? Sign up to receive WRC REC ALERTS at www.winfieldrec.com. You will then receive text and/or e-mails about weather cancellations, registration information, important updates and holiday closings from the WRC.
<table>
<thead>
<tr>
<th>CLASS</th>
<th>INSTRUCTOR</th>
<th>DAYS</th>
<th>1st SESSION</th>
<th>2nd SESSION</th>
<th>TIME</th>
<th>AGES</th>
<th>LOCATION</th>
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<tbody>
<tr>
<td>NEW</td>
<td>Sebastien Morrissey</td>
<td>Mon &amp; Wed</td>
<td>June 7 – 30</td>
<td>July 5 – 28</td>
<td>10:00-10:50am</td>
<td>Kindergarten-2nd Graders</td>
<td>Rec Center</td>
<td>$15</td>
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<tr>
<td>Backyard Games –</td>
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<td>11:00-11:50am</td>
<td>3rd-6th Graders</td>
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<td>(Cornhole, Ladder Golf, etc)</td>
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<tr>
<td>Dodgeball Mania</td>
<td>Sebastien Morrissey</td>
<td>Mon &amp; Wed</td>
<td>June 7 – 30</td>
<td>July 5 – 28</td>
<td>1:00-1:15pm</td>
<td>Kindergarten-2nd Graders</td>
<td>WELC</td>
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<td>2:00-2:50pm</td>
<td>3rd-6th Graders</td>
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<tr>
<td>Blastball League</td>
<td>Kyle Larsen</td>
<td>Mon, Tue &amp; Wed</td>
<td>July 5 – 21</td>
<td>Evening Games</td>
<td></td>
<td>3 &amp; 4 year olds (Age as of 5/1/21)</td>
<td>Broadway Diamond #3</td>
<td>$20</td>
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<tr>
<td>Drop In Pickleball</td>
<td>Kyle Larsen – T</td>
<td>Tues &amp; Thurs</td>
<td>June 8 – July 1</td>
<td>July 6 – 29</td>
<td>1:00-3:00pm</td>
<td>All Ages</td>
<td>WELC</td>
<td>FREE</td>
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<td>Sebastien Morrissey - Th</td>
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<tr>
<td>Archery</td>
<td>Sebastien Morrissey</td>
<td>Tues &amp; Thurs</td>
<td>June 8 – July 1</td>
<td>July 6 – 29</td>
<td>10:00-10:45am</td>
<td>9 – 12 year olds</td>
<td>Rec Center Field</td>
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<td>11:00-11:45am</td>
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<tr>
<td>Tennis</td>
<td>Janie Stoy &amp; Staff</td>
<td>Mon – Thurs</td>
<td>June 7 – July 1</td>
<td>July 5 – July 29</td>
<td>8:00-8:50am</td>
<td>4 &amp; older</td>
<td>Vaughan Tennis Center</td>
<td>$25</td>
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<td>9:00-9:50am</td>
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<tr>
<td>Winfield Tennis Academy</td>
<td>Lexis Hibbs &amp; Staff</td>
<td>Mon – Thurs</td>
<td>June 7 – July 29</td>
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<td>10:30am – Noon</td>
<td>7 – 12 Graders</td>
<td>Vaughan Tennis Center</td>
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<tr>
<td>NEW</td>
<td>WRC Tennis Staff</td>
<td>Fridays</td>
<td>June 11 - Winfield</td>
<td>July 9 – Winfield</td>
<td>9:00am – Noon</td>
<td>10 &amp; older (Must be able to keep score)</td>
<td>WRC Tennis Center</td>
<td>$7/Fri</td>
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<tr>
<td>Tennis Match Days</td>
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<td>June 18 – Ark City</td>
<td>July 16 – Ark City</td>
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<td>June 25 - Wellington</td>
<td>July 23 – Winfield</td>
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<tr>
<td>Mini Vikings – Soccer</td>
<td>Sebastien Morrissey</td>
<td>Mon – Thurs</td>
<td>June 7 – 10</td>
<td>July 5 – 8</td>
<td>9:00-9:45am</td>
<td>3 – 5 year olds</td>
<td>Rec Center</td>
<td>$10</td>
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<tr>
<td>Mini Vikings – Football</td>
<td></td>
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<td>June 14 – 17</td>
<td>July 12 – 15</td>
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<tr>
<td>Mini Vikings – Basketball</td>
<td></td>
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<td>June 21 – 24</td>
<td>July 19 – 22</td>
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<tr>
<td>Mini Vikings – Baseball/Softball</td>
<td>Sebastien Morrissey</td>
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<td>June 28 – July 1</td>
<td>July 26 – 29</td>
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<tr>
<td>Tumbling &amp; Gymnastics</td>
<td>Jordyn Sexson &amp; Claire Flower</td>
<td>Mon &amp; Wed</td>
<td>June 7 – 30</td>
<td>July 5 – 28</td>
<td>8:00-8:30am</td>
<td>3 &amp; 4 year olds (Age as of 5/1/21)</td>
<td>WRC Dance Studio</td>
<td>$15</td>
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<td>8:40-9:10am</td>
<td>3 &amp; 4 year olds</td>
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<td>10:00-10:30am</td>
<td>7 &amp; older</td>
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**COMING JULY 2021**

WRC E-SPORTS LEAGUES/TOURNAMENTS

(For more information stop by the WRC Office, www.winfieldrec.com or Winfield Recreation Commission Facebook)
YOUTH CLASS DESCRIPTIONS

BACKYARD GAMES - NEW
Here is your chance to learn or practice some games to play in the backyard or while camping. Some of the games we will play are Cornhole, Ladder Golf, Bocce Ball and more.

DODGEBALL MANIA
Do you love to play dodgeball? Then this is the class for you. Participants will be divided into teams by the instructor and play different variations of Dodgeball. Grades are based on the 21-22 school year.

BLAST BALL (Boys & Girls)
Blastball is an introductory game for t-ball and baseball. The game is safe for 3 & 4 year olds (as of 5/1/21) and uses a foam bat and ball with no gloves required. Blastball teaches the fundamentals of hitting, throwing, and fielding while emphasizing the importance of teamwork and sportsmanship. Children in the program will be divided into teams. A schedule will be given with two teams having a short practice followed by a game. Volunteer coaches are needed for this program. Call the WRC at (620) 221-2160 if you are interested.

DROP-IN PICKLEBALL
Come learn and have fun playing the game pickleball. No enrollment is necessary, just drop-in and play. Ages 12 and older are welcome.

ARCHERY
Students will learn the proper technique for drawing and sighting arrows, safety and scoring. Bows & arrows provided. Bullseye!

TENNIS
Enjoy learning the skills of this lifetime sport with Coach Lexis Hibbs and her assistants. This program is for beginners through advanced players ages 4 to 8th grade. Kids will be divided into groups based on age and ability.

WINFIELD TENNIS ACADEMY
This program is for any 2021-22 Middle School and High School player with match experience or by permission from Coach Hibbs. Participants will work on tennis fundamentals through drills, games, and matches.

MINI VIKINGS
(Soccer, Football, Basketball, Baseball/Softball)
Mini Vikings is an instructional program based for kids ages 3 to 5. The program is designed to develop fundamental skills in a fun and energetic way through training activities.

TUMBLING & GYMNASTICS
This program offers your child the opportunity to improve coordination and balance. Basic tumbling skills and proper techniques using a balance beam and mini-tramp will be taught.

Registration begins Saturday, May 22nd from 8-10:00am. On-Line Registration begins Monday, May 24th at 8:00am. Phone-in registration begins at 8:00am on Tuesday, May 25th. Stop by the WRC Office or call 221-2160. Space is limited!!!
# YOUTH ENRICHMENT CAMPS (Grades based on 2021-22 school year)

<table>
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<tr>
<th>CLASS</th>
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<th>LOCATION</th>
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<tbody>
<tr>
<td>Adventure Camp – Edible Incredible Experiments</td>
<td>Joyce Rice &amp; Beth Theimer</td>
<td>Mon – Thurs</td>
<td>June 14 – 17</td>
<td></td>
<td>1:30-4:30pm</td>
<td>1st – 6th Graders</td>
<td>Lowell School</td>
<td>$30</td>
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<tr>
<td>Adventure Camp – Raya and The Last Dragon</td>
<td>Joyce Rice &amp; Beth Theimer</td>
<td>Mon – Thurs</td>
<td>June 21 – 24</td>
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<td>1:30-4:30pm</td>
<td>1st – 6th Graders</td>
<td>Lowell School</td>
<td>$30</td>
</tr>
<tr>
<td>Adventure Camp – Mad About Science</td>
<td>Joyce Rice &amp; Beth Theimer</td>
<td>Mon – Thurs</td>
<td>June 28 – July 1</td>
<td></td>
<td>1:30-4:30pm</td>
<td>1st – 6th Graders</td>
<td>Lowell School</td>
<td>$30</td>
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<tr>
<td>Adventure Camp – Water Fun</td>
<td>Joyce Rice &amp; Beth Theimer</td>
<td>Mon – Thurs</td>
<td></td>
<td>July 12 – 15</td>
<td>1:30-4:30pm</td>
<td>1st – 6th Graders</td>
<td>Lowell School</td>
<td>$30</td>
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<tr>
<td>“In The Zone” Robotics Camp –</td>
<td>Carey Keller</td>
<td>Mon – Fri</td>
<td>June 21 – 25</td>
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<td>8:00am- Noon</td>
<td>9th – 12th Graders</td>
<td>WHS Stem Room</td>
<td>$30</td>
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## YOUTH ENRICHMENT CAMP DESCRIPTIONS

### ADVENTURE CAMP – EDIBLE INCREDIBLE EXPERIMENTS
Incredible and edible experiments! Earth cake, rock candy, moon rocks, fizzy sherbet, and jello dough are just a few of our experiments. Come and perform the experiments and eat them too.

### ADVENTURE CAMP – RAYA AND THE LAST DRAGON
Raya and the Last Dragon, Pete’s Dragon and How to Train a Dragon. It’s All about dragons! We will be making dragon eyes, learning how to draw a dragon, building dragons and making dragon eggs. We will be learning about different kinds of dragons and playing dragon games.

### ADVENTURE CAMP – MAD ABOUT SCIENCE
Are you mad about Science? We will be taking experiments to the limit. Splitting water, electric eels and making lightning are some of our amazing experiments. Put on your lab coats and get ready for an adventure.

### ADVENTURE CAMP – WATER FUN
Be ready to have fun and get wet. We will be playing lots of water games! Water balloon volleyball, fill the bucket, water gun target practice, water relays, water slides, water war and more. Come and enjoy the fun!

### “IN THE ZONE” ROBOTICS CAMP
Come test your skills in the “In The Zone” VEX Robotics camp for students interested in building and coding with a team of their peers. You will get to compete against other teams on the last day in a timed four-minute match on a 12 ft x 12 ft playing field. Students need to be going INTO these grades in the 2021-22 school year.
YOUTH DANCE CLASSES

<table>
<thead>
<tr>
<th>CLASS</th>
<th>INSTRUCTOR</th>
<th>DAYS</th>
<th>SESSION 1</th>
<th>SESSION 2</th>
<th>TIME</th>
<th>AGES</th>
<th>LOCATION</th>
<th>FEE</th>
</tr>
</thead>
</table>
| Intro to Dance | Jordyn Sexson & Claire Flower | Tuesday & Thursday | June 8 – July 1 | July 6 – 29 | 8:00-8:30am  
8:40-9:10am  
9:20-9:50am  
10:00-10:30am | 3 & 4 year olds  
3 & 4 year olds  
5 – 6 year olds  
7 & older | WRC Dance Studio | $15  
$15  
$15  
$15 |

YOUTH DANCE CLASS DESCRIPTIONS

Intro to Dance

Young dancers will have fun experiencing the colorful world of dance. The dance spectrum will include creative movement and an introduction to traditional dance styles of ballet, tap and jazz. Wear comfy clothes and shoes.

Registration begins Saturday, May 22nd from 8-10:00am. On-Line Registration begins Monday, May 24th at 8:00am. Phone-in registration begins at 8:00am on Tuesday, May 25th. Stop by the WRC Office or call 221-2160. Space is limited!!!

YOUTH SCHOLARSHIPS AVAILABLE

There is no cost to those families on the KanCare Medicaid program through United Healthcare (Sunflower and Amerigroup do not qualify). Simply bring in your Member ID card and complete a sign-up form. All other families on the free lunch program will receive a 75% discount. In addition, those families on the reduced lunch program will receive a 50% discount. Enrollment must be done in person at the WRC office, 624 College. **Proof of qualification is required at time of enrollment.**
YOUTH FIELD TRIPS

<table>
<thead>
<tr>
<th>CLASS</th>
<th>INSTRUCTOR</th>
<th>DAYS</th>
<th>1ST SESSION</th>
<th>2ND SESSION</th>
<th>TIME</th>
<th>AGES</th>
<th>LOCATION</th>
<th>FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Urban Air Trampoline Park</td>
<td>WRC Staff</td>
<td>Friday</td>
<td>June 18</td>
<td></td>
<td>12:45-5:00pm</td>
<td>7 &amp; older</td>
<td>Meet at WRC</td>
<td>$25</td>
</tr>
<tr>
<td>Rock River Rapids</td>
<td>WRC Staff</td>
<td>Friday</td>
<td>June 25</td>
<td></td>
<td>12:45-5:00pm</td>
<td>7 &amp; older</td>
<td>Meet at WRC</td>
<td>$15</td>
</tr>
<tr>
<td>Aviate Trampoline Park</td>
<td>WRC Staff</td>
<td>Friday</td>
<td></td>
<td>July 9</td>
<td>12:45-5:00pm</td>
<td>7 &amp; older</td>
<td>Meet at WRC</td>
<td>$25</td>
</tr>
<tr>
<td>All Star Adventures</td>
<td>WRC Staff</td>
<td>Friday</td>
<td></td>
<td>July 16</td>
<td>12:45-5:00pm</td>
<td>7 &amp; older</td>
<td>Meet at WRC</td>
<td>$25</td>
</tr>
</tbody>
</table>

YOUTH FIELD TRIP DESCRIPTIONS

URBAN AIR TRAMPOLINE PARK – June 18
Come with us to Wichita’s 30,000-square-foot indoor trampoline park and family fun center that is perfect for all ages and fitness levels. We will leave the rec center at 12:45pm and travel by bus to Wichita. After jumping and playing at the Trampoline Park we will return to Winfield at 5:00pm.

ROCK RIVER RAPIDS – June 25
Relax in the wave pool, slide down the slides and have a fun day at Derby’s Rock River Rapids. The bus will leave from the WRC at 12:45pm and return at 5:00pm. Concessions will be available for purchase at the aquatic center.

AVIATE TRAMPOLINE PARK – July 9
Spend the afternoon at the Wichita Sports Forum’s Aviate Extreme Air Sports. It offers 20,000 square feet of extreme entertainment which include the largest foam pits in town, obstacle courses, flying trapeze and more. The bus will leave the Rec Center at 12:45pm. After jumping at the park, we will return to Winfield at 5:00pm.

ALL STAR ADVENTURES – July 16
Join the WRC Staff for an afternoon at All Star Adventures where you will have a chance to ride Go-Karts, drive Bumper Boats and Cars, play Miniature Golf and ride Amusement Rides. Tokens for Arcade games can be purchased. The bus will leave the Rec Center at 12:45pm. We will have 2 hours of unlimited use at the park before returning to Winfield at 5:00pm.

On all trips, participants must ride the bus to and from the activity. They will not be allowed to be dropped off or picked up at the field trip site unless prior arrangements are made with the WRC Office.

Registration Kick-Off: Saturday, May 22, at the Rec Center from 8-10:00am!

COMING JULY 2021
WRC E-SPORTS LEAGUES/TOURNAMENTS
(For more information stop by the WRC Office, www.winfieldrec.com or Winfield Recreation Commission Facebook Page.)
YOUTH SPORTS CAMPS

<table>
<thead>
<tr>
<th>CLASS</th>
<th>INSTRUCTOR</th>
<th>DAYS</th>
<th>DATES</th>
<th>TIME</th>
<th>AGES</th>
<th>LOCATION</th>
<th>FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>SC Soccer Camp</td>
<td>Lewis Derrett &amp; SC Players</td>
<td>Tues – Fri</td>
<td>June 1 – 4</td>
<td>9:00-10:30am</td>
<td>1st – 5th Graders</td>
<td>SC Stadium</td>
<td>$25</td>
</tr>
<tr>
<td>WHS Baseball Camp</td>
<td>Chris Torres &amp; WHS Players</td>
<td>Mon – Thurs</td>
<td>June 7 – 10</td>
<td>10:00am-12:00pm</td>
<td>7 &amp; older</td>
<td>Broadway Field #2</td>
<td>$20</td>
</tr>
<tr>
<td>SC Football Camp</td>
<td>Brad Griffin &amp; SC Players</td>
<td>Mon – Thurs</td>
<td>June 14 - 17</td>
<td>8:00-10:00am</td>
<td>1st – 8th Graders</td>
<td>SC Stadium</td>
<td>$25</td>
</tr>
<tr>
<td>WHS Cheerleading Camp</td>
<td>Breanna Leake &amp; WHS Cheer Team</td>
<td>Mon – Thurs</td>
<td>June 21 – 24</td>
<td>9:00-10:00am</td>
<td>2nd – 5th Graders</td>
<td>WHS Auxiliary Gym</td>
<td>$20</td>
</tr>
<tr>
<td>WCC &amp; WRC Golf Camp</td>
<td>Jordan Lytton</td>
<td>Mon – Thurs</td>
<td>June 28 – July 1</td>
<td>9:00-10:15am</td>
<td>8 – 11 year olds</td>
<td>Winfield Country Club</td>
<td>$25</td>
</tr>
<tr>
<td>SC Basketball Camp</td>
<td>Matt O’Brien</td>
<td>Mon – Thurs</td>
<td>July 12 – 15</td>
<td>9:00-10:15am</td>
<td>1st – 5th Graders</td>
<td>WHS Auxiliary Gym</td>
<td>$55</td>
</tr>
<tr>
<td>WHS Basketball Camp</td>
<td>Jason VenJohn</td>
<td>Tues – Fri</td>
<td>August 3 – 6</td>
<td>9:00-10:15am</td>
<td>1st – 4th Graders</td>
<td>Middle School</td>
<td>$20</td>
</tr>
<tr>
<td>Volleyball Passers/Settlers Clinic</td>
<td>Julie Konrade</td>
<td>Tuesday</td>
<td>July 27</td>
<td>1:00-3:00pm</td>
<td>5th – 8th Graders</td>
<td>WHS Auxiliary Gym</td>
<td>$6</td>
</tr>
<tr>
<td>Volleyball Hitters Clinic</td>
<td>Julie Konrade</td>
<td>Wednesday</td>
<td>July 28</td>
<td>1:00-3:00pm</td>
<td>5th – 8th Graders</td>
<td>WHS Auxiliary Gym</td>
<td>$6</td>
</tr>
<tr>
<td>Volleyball Servers Clinic</td>
<td>Julie Konrade</td>
<td>Wednesday</td>
<td>July 28</td>
<td>3:00-4:00pm</td>
<td>5th – 8th Graders</td>
<td>WHS Auxiliary Gym</td>
<td>$6</td>
</tr>
</tbody>
</table>

Registration begins Saturday, May 22nd from 8-10:00am. On-Line Registration begins Monday, May 24th at 8:00am. Phone-in registration begins at 8:00am on Tuesday, May 25th. Stop by the WRC Office or call 221-2160. Space is limited!!!

YOUTH FLAG FOOTBALL
The WRC Youth Flag Football program for those in grades K-5th is a recreational based program that focuses on skill development in a fun and positive environment. Divisions will be offered for K-2nd grade and 3rd-5th grade (based on 2021-22 school year). Practices will start July 5. Games will be played on Tuesday and Thursday evenings from July 20-August 5. Participants can wear cleats or tennis shoes. Mouth guards are required by all participants to play. All other equipment will be provided by the WRC. The league is dependent on volunteer coaches. Fee is $20 and the deadline to register is June 17th.

FALL YOUTH VOLLEYBALL
The WRC is happy to offer Youth Volleyball leagues for kids in grades 3rd-6th that will play in a league with Wellington, Mulvane, and Haysville. The recreational leagues provide participants the opportunity to learn and play the game in a fun and instructional environment. Teams will practice up to two times per week starting August 23 and play games on Saturdays starting in September. Practice days and times will be determined by the coach. There will be some travel required for games. Entry fee is $20 and the deadline to register is July 29.

FALL OUTDOOR SOCCER
The WRC Youth Soccer program is a recreational based program for age 3 (as of 9/1/21) through 8th grade that focuses on skill development in a fun and positive environment. Practices will begin in late August with days and times decided by the coaches at the coaches meeting. Teams will practice up to two times per week during the season and play an 8-game season. Games will be played on Monday nights and Saturday mornings starting in September. Participants can wear cleats or tennis shoes. Shin-guards are required. Entry fee is $20 and the deadline to register is July 29.
SC SOCCER CAMP
Join Southwestern College Coach Lewis Derrett and SC players as you spend four days working on skills and techniques that will take your soccer game to the next level. Participants will be challenged through various drills and games to help develop each athlete’s skill set. Campers will get the opportunity to learn and interact with the SC coaches and current players. Grades are based on the 2021-22 school year.

WHS BASEBALL CAMP
Increase your baseball skill level with participating in this 4-day camp instructed by WHS Head Baseball Coach Chris Torres and WHS players. The camp is designed to build and enhance the skills and knowledge of the campers to help them understand what it takes to become a better baseball player. Participants will be challenged through various games and drills to advance their overall skill level. Proper hitting, fielding, and throwing mechanics will be covered along with base running. Participants will need to bring a glove, bat, water, and pants are encouraged.

SC FOOTBALL CAMP
Get a head start on the fall season by joining Southwestern College Head Football Coach Brad Griffin and his staff as they provide a 4-day minimal contact football camp for kids in grades 1st – 8th. Participants will get the opportunity to work on all aspects of football through various drills and games. Campers will get the opportunity to work on skill work at each position while also getting the opportunity to interact with the SC coaches and players. Grades are based on the 2021-22 school year.

WHS CHEERLEADING CAMP
Join WHS Head Cheer Coach Breanna Leake and the WHS cheer squad for a 4-day cheer camp. Participants will learn and develop different techniques and choreography to help improve their coordination and balance. This is also a great opportunity to introduce a beginner to the sport. Grades are based on school on the 2021-22 school year.

WCC & WRC GOLF CAMP
Have you wanted to try golf or want to improve your skills? In these 4-day camps, we will work on chipping, putting, iron play, driving instruction and proper golf etiquette. The camp will be led by Winfield Country Club Manager, Jordan Lytton. Golf clubs are required.

YOUTH SPORTS DESCRIPTIONS

YOUTH SCHOLARSHIPS AVAILABLE
There is no cost to those families on the KanCare Medicaid program through United Healthcare (Sunflower and Amerigroup do not qualify). Simply bring in your Member ID card and complete a sign-up form. All other families on the free lunch program will receive a 75% discount. In addition, those families on the reduced lunch program will receive a 50% discount. Enrollment must be done in person at the WRC office, 624 College. Proof of qualification is required at time of enrollment.
# ADULT CLASSES

## AQUATICS

<table>
<thead>
<tr>
<th>CLASS</th>
<th>INSTRUCTOR</th>
<th>DAYS</th>
<th>SESSION 1</th>
<th>SESSION 2</th>
<th>TIME</th>
<th>LOCATION</th>
<th>FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lap Swim</td>
<td></td>
<td>Monday &amp; Wednesday</td>
<td>June 7 – July 7</td>
<td>July 12–Aug. 11</td>
<td>6:15-6:55pm 7:00-7:40pm</td>
<td>Aquatic Center</td>
<td>$15</td>
</tr>
<tr>
<td>Take It To The Deep</td>
<td>Amanda Porter</td>
<td>Monday &amp; Wednesday</td>
<td>June 7 – July 7</td>
<td>July 12–Aug. 11</td>
<td>6:30-7:05pm</td>
<td>Aquatic Center</td>
<td>$20</td>
</tr>
<tr>
<td>Aqua Strength &amp; Stretch</td>
<td>Amanda Porter</td>
<td>Monday &amp; Wednesday</td>
<td>June 7 – July 7</td>
<td>July 12–Aug. 11</td>
<td>7:20-7:55pm</td>
<td>Aquatic Center</td>
<td>$20</td>
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## FITNESS

<table>
<thead>
<tr>
<th>CLASS</th>
<th>INSTRUCTOR</th>
<th>DAYS</th>
<th>SESSION 1</th>
<th>SESSION 2</th>
<th>TIME</th>
<th>LOCATION</th>
<th>FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Early Bird Conditioning Workout</td>
<td>Kim Tadtman</td>
<td>Monday, Wednesday, Friday</td>
<td>June 7 – July 30</td>
<td></td>
<td>5:30-6:30am</td>
<td>Aerobics Room</td>
<td>$54</td>
</tr>
<tr>
<td>Stretch &amp; Stroll (Walk/Run Group)</td>
<td>Ryann Myers</td>
<td>Monday, Wednesday, Friday</td>
<td>June 7 – July 16</td>
<td></td>
<td>7:30-8:30am</td>
<td>Island Park</td>
<td>$18</td>
</tr>
<tr>
<td>SilverSneakers Classic</td>
<td>Julie Mignone</td>
<td>Tuesday &amp; Thursday</td>
<td>June 8 – July 29</td>
<td></td>
<td>9:00-9:45am</td>
<td>Aerobics Room</td>
<td>$32</td>
</tr>
<tr>
<td>Drop In Pickleball</td>
<td>Kyle Larsen – T</td>
<td>Tuesday &amp; Thursday</td>
<td>June 8 – July 29</td>
<td></td>
<td>1:00-3:00pm</td>
<td>WELC</td>
<td>FREE</td>
</tr>
<tr>
<td></td>
<td>Sebastien Morrissey - Th</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Zumba Max</td>
<td>Sarah Johnson</td>
<td>Thursdays</td>
<td>June 10 – July 29</td>
<td></td>
<td>5:15-6:00pm</td>
<td>Aerobics Room</td>
<td>$16</td>
</tr>
<tr>
<td>STRONG Nation</td>
<td>Sarah Johnson</td>
<td>Mondays &amp; Wednesdays</td>
<td>June 7 – July 28</td>
<td></td>
<td>6:00-6:45pm</td>
<td>Aerobics Room</td>
<td>$32</td>
</tr>
<tr>
<td>Women’s Tennis</td>
<td>WRC Tennis Staff</td>
<td>Tuesday &amp; Thursday</td>
<td>June 8 – July 29</td>
<td></td>
<td>8:00-8:50am</td>
<td>Vaughan Tennis Center</td>
<td>$32</td>
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</tbody>
</table>

## INDOOR CYCLING

<table>
<thead>
<tr>
<th>CLASS</th>
<th>INSTRUCTOR</th>
<th>DAYS</th>
<th>SESSION 1</th>
<th>SESSION 2</th>
<th>TIME</th>
<th>LOCATION</th>
<th>FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Spin &amp; Abs</td>
<td>Molly Jones</td>
<td>Tuesday &amp; Thursday</td>
<td>June 8 – July 29</td>
<td></td>
<td>6:15-7:00pm</td>
<td>Community Room</td>
<td>$30</td>
</tr>
</tbody>
</table>

*Drop-ins are welcome in classes.*

For Fitness Classes, purchase a $3 drop-in coupon in the WRC Office or the Fitness Center prior to class.

Registration begins Saturday, May 22<sup>nd</sup> from 8-10:00am.
On-Line Registration begins Monday, May 24<sup>th</sup> at 8:00am.
Phone-in registration begins at 8:00am on Tuesday, May 25<sup>th</sup>.
Stop by the WRC Office or call 221-2160. Space is limited!!!
LAP SWIM
Join your friends and swim laps at the aquatic center. Two different sessions and times to choose from.

TAKE IT TO THE DEEP
Experience the power of the deep in this challenging class. Learn propulsion techniques to hold and maintain balance, stability, and speed. Achieve fat burning workout and total body toning in this no impact class.

AQUA STRENGTH AND STRETCH
An exercise that uses water resistance to strengthen and tone the entire body but focusing on the legs, back and abdominal muscles. Stretching and muscular control will be developed using Water Tai Chi, Yoga and Pilates. No swimming ability necessary for this shallow water class.

EARLY BIRD CONDIONING WORKOUT
This early morning class does it all to get you up and moving to start your day. It focuses on strength/resistance and core development with foundational movements. It allows each participant to choose the level of intensity. Each workout is different but is a balance between upper and lower body strengthening. No matter what level of fitness…the mix up of routines will give you a workout experience like no other.

STRETCH & STROLL
Start your morning off right by stretching and strolling around Island Park. Participants will meet at the Rotary Pavilion where Ryann Myers will lead stretching exercises. Based on fitness level, participants will be divided and given different routes to walk or run. For those that want, mileage will be logged. This class is for all fitness levels. What a good way to start your day off!

SILVERSNEAKERS CLASSIC
Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement and activity for daily living skills. Hand held weights, elastic tubing with handles and a ball are offered for resistance and a chair is used for seated and/or standing support.

DROP-IN PICKLEBALL
Come learn and have fun playing the game of pickleball. No enrollment is necessary, just drop-in and play. There will be two courts available. Equipment provided.

ZUMBA MAX
Join the dance party with Zumba fitness class that celebrates all styles of music – pop, urban, country, hip-hop, Latin and more. Routines are easy-to-learn so you can build your skill, heart rate, and strength. Traditional Zumba rhythms are incorporated with higher intensity moves to give you a major calorie burn.

STRONG NATION
Stop counting the reps. Start training to the beat. STRONG Nation combines body weight, muscle conditioning, cardio and plyometric training moves synced to music.

WOMEN’S TENNIS
This program is ideal for women interested in regular tennis but NOT a tennis tournament. This group will work on the fundamentals of tennis on Tuesdays and on Thursdays, participants will play games. No tennis experience required.

SPIN & ABS
Class will begin with a spin warm-up, followed by a challenging bike workout. Participants will then do some abs exercises and a short cool down. This is a great 45 minute class for all abilities.

STRENGTH & STABILITY WORKOUT
A class designed to increase your strength and stability through a variety of exercises that work both your strength and cardiovascular fitness.

ADULT CLASS DESCRIPTIONS
WRC SPECIAL EVENTS

JUNE BUG JOG
Join William Newton Hospital and the WRC for the 32nd June Bug Jog on Saturday, June 12. The event will consist of a 1-mile fun race at 7:30am, a 5K at 8:00am and Jr. June Bug races for those 8 and under at 9:00am. Entry fee is $15 for the 1-mile and $5 or $25 for both races. Jr. Races are $10 with a shirt or $2 without. Register on-line at bit.ly/Junebug2021. Races will be held at WHS.

WIFFLE BALL TOURNAMENT
The WRC is hosting a double elimination Wiffle Ball Tournament this summer. Divisions for 9-14 year olds and 15 & older will be offered on Saturday, July 17. Entry fee is $50 and the deadline to register is July 13. Championship T-shirts will be given to 1st place. All equipment will be provided.

CO-REC SOFTBALL LEAGUE
Get your team together and sign up for a WRC Co-Rec Softball league. Entry fee is $250/team for 10 games plus single elimination tournament. Balls will be provided. Games will be played on Tuesday and Thursday evenings beginning August 3rd. The deadline to register is Thursday, July 28th.

CO-REC SOFTBALL TOURNAMENT
Join the WRC for the adult Summer SlugFest Co-Rec softball tournament on July 23 & 24. A max of 16 teams will be accepted. Entry fee is $150 if registered before July 8th, $200 if registered between July 10-15. Teams will get a 3-game guarantee. Championship T-shirts and a prize will be given to 1st place. Balls will be provided. USSSA Rules will be used.

ADULT SOCCER LEAGUES
The WRC will be offering summer soccer leagues for adults, ages 16 and older. Entry fee is $120 per team. Games will be played on Sundays beginning June 13th. The deadline to turn in your roster with entry fee is Wednesday, June 9th.

POOCH PLUNGE
The dog days of summer are coming to a close, so we have the Winfield Aquatic Center open one last day just for the dogs on Monday, August 16 from 5:30-7:30pm! We will close the pool to humans and neutralize the chemicals to make the water safe for the canines. Your pup may want to dive in or simply splash around in the shallow water. Regardless, this event is fun for participants and spectators alike, so register today! Fee is $5 until Friday, August 13. Fee is $10 at the door.

KS OPEN TENNIS TOURNEY
The Kansas State Junior Open Tennis Tournament is scheduled for July 30 & 31 at the Vaughan Tennis Center in Winfield. This tournament is sanctioned by MVTA and USTA, and is sponsored locally by the Winfield Recreation Commission. All entries are due by 5:00pm on Wednesday, July 28. To register, go to the usta.com.

FITNESS IN THE PARK
Join us for a FREE community fitness program at the Island Park Performance Stage on Saturday mornings from 8-9am, July 10-August 14. Various community fitness instructors will lead a fantastic exercise workout. The session will be something new and different each week. This is a great opportunity to start a new exercise routine, to meet new people and get healthy.

WRC REC ALERTS
Want to be in the know about happenings at the WRC? Sign up to receive WRC REC ALERTS at www.winfieldrec.com. You will then receive text and/or e-mails about weather cancellations, registration information, important updates and holiday closings from the WRC.

WRC UPCOMING SPECIAL EVENTS
Summer Registration Kick Off – May 22
2-Person Golf Scramble – June 4
Family Film Night – June 5
June Bug Jog – June 12
Summer Wiffle Ball Tournament – July 17
Adult Co-Rec Softball Tournament – July 23 & 24
Kansas State Tennis Tournament – July 30 & 31
Pooch Plunge – August 16
Scholarship Scramble Golf Tournament – Aug. 28

GOLF SCRABLES
2-Person: Join the WRC at the beautiful Quail Ridge Golf Course for an afternoon of golfing in the 2-person scramble on Friday, June 4 with a 1:00pm shotgun start, 12:00 check-in. The fee is $50 per person which includes range, cart, green fees, 2 drink tickets and 2 Mulligans. Tournament will be flighted with cash prizes. We are limited to 36 teams so pre-register by calling (620) 221-2160.

4-Person Scholarship Scramble: Put your team together and help the WRC raise funds for the Youth Scholarship program. Scramble will be held at Quail Ridge Golf Course on Saturday, August 28 with a 9:00am shotgun start, 8:00 check in. The fee is $75 per person which includes range, cart, green fees and 2 Mulligans. Tournament will be flighted with cash prizes. Tournament is limited to the first 18 teams so pre-register by calling (620) 221-2160.

FAMILY FILM NIGHT
The WRC is teaming up with the VFW for a night of family fun at Island Park which will include games, food and the finale will be a movie on the big screen on Saturday, June 5. This night will begin at 7:30pm with the VFW FREE hotdog meal to the first 500 people. WRC will provide games to enjoy during and after the picnic. “Moana” will be shown on the big screen at dark. Be sure to mark your calendars so you can join the WRC and VFW for this awesome night of family fun. Don’t forget to bring your lawn chair.

WRC REC ALERTS
HOURS:

Monday – Thursday: 5:30am – 9:00pm
Friday: 5:30am – 7:00pm
Saturday: 8:00am – 4:00pm
Sunday: 12:00pm – 4:00pm

MEMBERSHIP FEES:

<table>
<thead>
<tr>
<th>Duration</th>
<th>Adults</th>
<th>*Students **Seniors</th>
<th>***Military (Active/Retired)</th>
<th>Family</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Month Auto Debit</td>
<td>$25</td>
<td>$25</td>
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<tr>
<td>1 Month</td>
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<td>$30</td>
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<td>$55</td>
</tr>
<tr>
<td>3 Months</td>
<td>$70</td>
<td>$60</td>
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<td>$150</td>
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<tr>
<td>6 Months</td>
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<td>$80</td>
<td>$80</td>
<td>$200</td>
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<tr>
<td>1 Year</td>
<td>$140</td>
<td>$110</td>
<td>$110</td>
<td>$300</td>
</tr>
</tbody>
</table>

*Must be a high school student 14 or older
**Senior Citizens 60 years or older

FITNESS ON DEMAND (FOD)

Get your heart pumping with the Cardio classes – stretch, tone and strengthen with the Mind and Body classes – strengthen and tone your core with classes that will give you the abs you want. Spin cycle classes are available also. Get the body that you have always wanted with Fitness on Demand!

Fitness on Demand uses a high-definition video system to deliver popular titles and first-class instructors on demand, allowing you to work out by yourself or with others. This is offered in our dance studio and is FREE to all Fitness Center members. $3 per class for non-members.

FOD is like having your own personal trainer while you workout!