

## ***Fitness on Demand September 22nd - November 18th***

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30 - 6:00am	Available 5:30am - 9:00 pm	Available 5:30am - 9:00 pm	Available 5:30am - 5:00 pm	Available 5:30am - 5:00 pm	Available 5:30am - 7:00pm	Available 8:00am - 4:00pm	Available 12:00 - 4:00pm
6:00 - 6:30am							
6:30 - 7:00am							
7:00 - 7:30am							
7:30 - 8:00am							
8:00 - 8:30am							
8:30 - 9:00am							
9:00 - 9:30am							
9:30 - 10:00am							
10:00 - 10:30am							
10:30 - 11:00am							
11:00 - 11:30am							
11:30 - 12:00pm							
12:00 - 12:30pm							
12:30 - 1:00pm							
1:00 - 1:30pm							
1:30 - 2:00pm							
2:00 - 2:30pm							
2:30 - 3:00pm							
3:00 - 3:30pm							
3:30 - 4:00pm							
4:00 - 4:30pm							
4:30 - 5:00pm							
5:00 - 5:30pm			Intro to Dance 5:15 - 7:00pm	Tumbling & Gymnastics 5:15 - 7:00pm			
5:30 - 6:00pm							
6:00 - 6:30pm							
6:30 - 7:00pm							
7:00 - 7:30pm							
7:30 - 8:00pm			Available 7:00 - 9:00 pm	Available 7:00 - 9:00 pm			
8:00 - 8:30pm							
8:30 - 9:00pm							