

WRC Senior Newsletter

JULY-SEPTEMBER 2026

WIND SURGE BASEBALL GAME

September 11th 2026

WICHITA



VS



FRISCO

**FRIDAY, SEPTEMBER 11
AT EQUITY BANK PARK
1ST PITCH AT 6:35PM**

Price per Person: \$25

Join us for a fun night at the ball park! We will be cheering on the Wind Surge as they take on the Frisco Rough Riders. Vans will leave the WRC at 5:00pm and return approximately at 10:30pm! The price per person includes transportation and the ticket for the game.

POPCORN & PAPERBACKS

Popcorn and Paperbacks brings stories to life in a whole new way! Members read a selected book on your own and then gather to watch the movie adaptation, followed by a discussion comparing the two. Grab some popcorn, share your perspective, and enjoy stories both on the page and on the screen.

Each quarter we'll enjoy a featured book and movie pairing. This quarter's selection is *Where the Crawdads Sing*.

Register with the WRC by calling (620) 221-2160, visiting www.winfieldrec.com, or stopping by the office at 624 College St. Registration is due by July 10th. If you need a large print or audiobook, please request it when you register.

Books will be available for pickup at the Winfield Public Library on August 7th. After reading the book, join us for the movie showing at the Winfield Public Library on September 10th at 1:30 PM.

Read, then come watch, and enjoy discussing the differences between the book and the movie! Popcorn will be provided.

BRAIN HEALTH PRESENTED BY AARP

SIX PILLARS OF BRAIN HEALTH:

THIS TOOLKIT PROVIDES TIPS AND STRATEGIES FOR MAINTAINING BRAIN HEALTH. IT COVERS TOPICS SUCH AS PHYSICAL EXERCISE, MENTAL STIMULATION, AND SOCIAL ENGAGEMENT. JOIN THE WRC AND AARP ON THIS LEARNING OPPORTUNITY.

PLACE: SENIOR CENTER

TIME: AUGUST 12TH 3:30PM

COST: FREE

MYSTERY LUNCH & DESSERT

Get ready for great food and yummy dessert on July 14th!

Don't miss out on a different mystery lunch that will include a dessert destination as well. We will leave the WRC parking lot at 10:15am and return around 1:30pm. Cost per person is \$9. This includes transportation only!



BEER ♦ FOOD ♦ FUN **BREWERY TRIP**

Join the WRC for our 2nd Brewery trip on July 30th! Grab a friend and spend an afternoon having good food, drinks, and great company. We will leave the WRC parking lot at 11:00am and head to the Pumphouse in Wichita for lunch. After lunch, we will go to Norton's Brewery where we will have a chance to taste 4 different drinks there. From there, we will head to Hopping Gnome brewery for a tour and tasting. Come enjoy tasting new things and leaving the driving up to us! We should return home around 5pm.

Cost per person is \$13, this includes the tours and tastings. Lunch is own your own dime!

**CALL THE WRC 620-221-2160, GO
ONLINE AT WWW.WINFIELDREC.COM
OR COME TO OUR OFFICE (624
COLLEGE ST) TO SIGN UP FOR ALL THE
EVENTS THAT ARE OFFERED.**





TEST YOUR SKILLS AND BE A WINNER.

PITCH DATES

July 6th, 15th, 20th, 29th

Aug. 3rd, 12th, 17th, 26th

Sept. 2nd, 16th, 21st, 30th

We start playing at 1:30pm, please arrive at
least 5 minutes before so we can get started
on time!!

GAMES

July 8th, 22nd, 27th

Aug 5th, 19th, 24th

Sept. 9th, 23rd, 28th

Come join the fun in the Senior Center. You can come
and play a variety of games. Bring a friend and have a
nice outing for the afternoon. Games start at 1:30pm.

